Potential Timetable for 3rd and 4th class

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 9:30 am	Physical Exercise	Physical Exercise	Physical Exercise	Physical Exercise	Physical Exercise
	eg: PE with Joe Wicks or	eg: PE with Joe Wicks or	eg: PE with Joe Wicks or	eg: PE with Joe Wicks or	eg: PE with Joe Wicks or
	Own home activity	Own home activity	Own home activity	Own home activity	Own home activity
9:40 - 10:40	School Work: Daily Tasks	School Work: Daily Tasks	School Work: Daily Tasks	School Work: Daily Tasks	School Work: Daily Tasks
	 Spellings 	 Spellings 	 Spellings 	 Spellings 	 Spellings
	 Free Writing 	 Free Writing 	 Free Writing 	 Free Writing 	 Free Writing
	Mental Maths	Mental Maths	Mental Maths	 Mental Maths 	Mental Maths
	 Table Toppers 	Table Toppers	Table Toppers	 Table Toppers 	 Table Toppers
	Maths Games	Maths Games	Maths Games and	Maths Games	Maths Games
	and Challenges	and Challenges	Challenges	and Challenges	and Challenges
10:40- 11:00	Am Sos /Morning Break	Am Sos /Morning Break	Am Sos /Morning Break	Am Sos /Morning Break	Am Sos /Morning Break
11:00 – 12 00	Home School Hub on	Home School Hub on	Home School Hub on RTE2	Home School Hub on	Home School Hub on
	RTE2 television	RTE2 television	television	RTE2 television	RTE2 television
12:10 - 12:40	Literacy: Language 1	Numeracy	Literacy Language 2:	Numeracy	Literacy: Language 1
	English		Gaeilge.		English
	✓ Activity assigned	✓ Activity assigned	✓ Activity assigned	✓ Activity assigned	✓ Activity assigned
	on Seesaw	on Seesaw	on Seesaw	on Seesaw	on Seesaw
	working on Oral	working on a	working on Oral	working on a	working on Oral
	English, Reading	specific topic or	Gaeilge, Reading or	specific topic or	English, Reading
	or Writing	concept	Writing	concept	or Writing
12:40 – 1:00	Project Work	Project Work	Project Work	Project Work	Project Work
	Ongoing Independent	Ongoing Independent	Ongoing Independent work	Ongoing Independent	Ongoing Independent
	work on projects	work on projects	on projects	work on projects	work on projects
1:00 – 1:45	Lunch	Lunch	Lunch	Lunch	Lunch
Afternoon –	Pupils Choice	Pupils Choice	Pupils Choice	Pupils Choice	Pupils Choice
Evening time	Challenges/ Art/ PE/	Challenges/ Art/ PE/	Challenges/ Art/ PE/	Challenges/ Art/ PE/	Challenges/ Art/ PE/
3	Outdoor play/ Music/	Outdoor play/ Music/	Outdoor play/ Music.	Outdoor play/ Music/	Outdoor play/ Music/

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Notes for Parents/ Guardians

- 1. Please understand that this timetable is purely designed to be a help, **if help is needed** to organise or regain a routine on day to day 'home school' life.
- 2. It combines work that is prescribed and more open suggested activities and every household should tailor this to suit their own situation Please bear in mind again that if there are competing priorities at home then rest assured that if these school activities are left to one side no one will give it a second thought and we will catch up once we are all back in class again.
- 3. Finally this work should not be an extra source of stress for parents or students. If your son or daughter is feeling overwhelmed or struggles to complete a task encourage them to complete the task to the best of their ability and to persevere with a challenge <u>but</u> <u>not to the point of upset.</u> Feel free to contact us for help/ advice either through your childs Seesaw account or via the school email address: ardaghnationalschool@gmail.com